

TRILOKA

All the Tea in China - 2012

Itinerary Overview:

- Date of Travel : *March 29 – April 15, 2012*
 - It is *strongly* recommended that you purchase your ticket to Beijing on the following flights:

TO CHINA: United Airlines flight 889, SFO – PEK, -Departs SFO Thu, Mar 29, 12:05pm; -Arrives PEK Fri, Mar 30, 3:15pm	RETURN TO USA: United Airlines flight 888, PEK – SFO, -Departs PEK Sun, Apr 15, 12:00pm; -Arrives SFO Sun, Apr 15, 8:38am
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- Travel duration : 18 days
- Port of entry : Beijing China
- Port of exit : Beijing China
- Cities to be visited: Beijing / Wuyi Mountain / Fuzhou / Anxi / Xiamen / Quanzhou
- Hotel Beijing : Qian Men Jian Guo Hotel
- Prepared by : Ana & Gideon Enz with China Dream Tours
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Detailed Itinerary:

DAY 01 SFO – PEK (Beijing) (THUR, 4/29)

Depart from SFO Int'l airport, cross the int'l dateline. Overnight on plane.

DAY 02 BEIJING (FRI, 4/30)

Arrive at Beijing International airport in late afternoon. Transfer to hotel and rest.

Dinner will be on your own

DAY 03 BEIJING (SAT, 4/31)

Study Fengshui/visiting Imperial palace

DAY 04 BEIJING – WUYI MTN. (SUN, 5/1)

Fly from Beijing to Wuyi Mountain, transfer to hotel and relax.

Dinner will be on your own

DAY 05 WUYI MTN. (MON, 5/2)

Tea history / tasting /Tea Garden

DAY 06 WUYI MTN. (TUES, 5/3)

Tea tasting / Tea processing factory

DAY 07 WUYI MTN. – FUZHOU (WED, 5/4)

Visit Local Daoism mountain/ Taiji / with daoist master

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DAY 08 FUZHOU (THUR, 5/5)

Brief TCM study

DAY 09 FUZHOU - ANXI (FRI, 5/6)

Tea history/ tea garden/tea tasting/Biggest tea trading market

DAY 10 ANXI (SAT, 5/7)

Tea tasting/ Tea garden

DAY 11 ANXI - XIAMEN (SUN, 5/8)

Arrive and Relax

DAY 12 XIAMEN (MON, 5/9)

Visiting Xiamen university/ Brief Dao history telling by professor

Gulangyu island/ Putuo Temple for GuanYin

DAY 13 XIAMEN - QUANZHOU (TUES, 5/10)

Quanzhou is the starting point of ancient sea silk road with rich and dynamic history (very small town)

DAY 14 XIAMEN - BEIJING (WED, 5/11)

Fly back to Beijing, transfer to hotel and relax.

Dinner will be on your own

DAY 15 BEIJING (THUR, 5/12)

Great Wall

DAY 16 BEIJING (FRI, 5/13)

Master Duan

Dinner will be on your own

DAY 17 BEIJING (SAT, 5/14)

Free day; Optional Beijing opera in the evening

DAY 18 PEK – SFO (SUN, 5/15)

Transfer to Beijing Int'l airport after breakfast. Fly back home accordingly.

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Inclusion:

- ❖ China internal travel (air, bus, etc.)
- ❖ Great wall entrance admission
- ❖ Meals as listed on itinerary
- ❖ Train/Bus travel: Wuyi – Fuzhou, Fuzhou – Anxi, roundtrip Anxi - Quanzhou
- ❖ 16 nights' accommodation in Beijing and Fujian province (based on double occupancy)

Exclusion:

- ❖ Visa to china
- ❖ International airfare
- ❖ Int'l traveler's insurance
- ❖ Personal expenses (phone bill, laundry etc.)
- ❖ Offerings to our teachers
- ❖ Items not listed in inclusion

Travel tips:

What to Pack?

Pack lightly, and bring casual clothes. A sturdy, comfortable pair of walking shoes is a must. A business suit and tie for men and one or two dresses or pant suits for women will suffice for a formal meal with our teachers. Bring a couple of shirts, sweaters, and a jacket that can be worn in layers to accommodate China's range of climates. All hotels offer reliable laundry and dry cleaning services.

Health Requirements

No special vaccinations are required, but those who have travelled from an infected area before coming to China should have vaccination records available for a Health Declaration form upon arrival.

Note: Hotel tap water is not potable. Tourists are recommended to drink bottled water when they travel in China.

Electricity

Electrical appliances may require an adapter that can change the shape of the plug prongs, as well as an electrical voltage converter that will allow a normal 110-volt appliance to take 220 Volt Chinese current. Throughout China 220 volt is used, although 4 & 5-star hotels are wired for use of 110-volt electrical appliances. Most hotels have a hair-dryer in each room.

Safety

China is considered one of the safest countries in the world in which to travel. Crime is very low throughout China, and there are virtually no crimes committed against tourists visiting China. Even during the late evening hours, travelers have little to be concerned about. The Chinese are friendly and hospitable, and Chinese law is quite strict. Please be aware that all Chinese hotels provide an in-room safe or locked security boxes at the front desk. Leave valuables at the hotel. If there is a problem report it immediately to a security guard or the police.

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Tipping & Gift-Giving

Tipping is welcome in China, but visitors should be aware that local attitudes on tipping are changing, and vary with the occasion. Many tourists bring along inexpensive gifts to show their appreciation to teachers, guides, drivers or others who have been helpful. To find out what is appropriate, it is best to ask a China tour operator, or check protocol with your guide while in China.

Money & Credit Cards

China's currency is the Renminbi (RMB), usually called the Yuan. Ten Jiao make up one Yuan. At present, the Yuan is approximately 6 : 1 USD, with slight daily fluctuations. The Bank of China has exchange desks for foreign currency and travelers cheques with convenient hours at all hotels, airports, Friendship Stores and others shopping areas. Visa, MasterCard, American Express, Diner's Club, Federal Card, Million Card, and JCB credit cards are accepted at most hotels and state-run shops in the major cities. Some of the cards like Visa and American Express can be used to get cash advance in the main office of the Bank of China. Travelers are advised to pay in Yuan when shopping in smaller shops, at restaurants, and in smaller hotels.

Dialing Home

In large cities, you'll find an increasing number of Internet cafés, where you can make contact with home or friends by exchanging e-mails. You can get easy access to all major Canadian and US long distance carriers by dialing a local number from any street phone.

Useful Telephone Numbers:

110---Local police operator
115---International operator
119---Fire
120---Emergency
114---Directory inquires and information